

DYSLEXIA CONSULTANCY MALVERN
www.dyslexia-malvern.co.uk
Melanie Jameson, BA, PGCE, Dip RSA in SpLD, AMBDA
Email mj@dyslexia-malvern.co.uk
Tel (0)1684 572466

The Checklist Approach: GUIDELINES FOR USE

The purpose of the checklist overleaf is to screen for dyslexia. **It must be stressed that only an assessment can confirm whether or not the individual is dyslexic.**

It is now well documented that people with dyslexia often show great ability in creative and practical spheres, hence the **final un-numbered question** in the checklist. Other items focus on well established areas of difficulty for people with dyslexia.

The checklist aims to identify dyslexic indicators.
Questions 6 & 7: Although hearing may be good, there may still be problems processing what is heard efficiently.
Questions 17 & 18: visual processing problems are common in the dyslexic population.
Question 20 relates to attentional factors –if these are the main issues, along with impulsivity, erratic risky behaviour and restless over-activity, there may be an overlap with Attention Deficit Hyperactivity Disorder (ADHD).

Screening Positive

The bigger the number of relevant items, the greater the likelihood that the individual is dyslexic. A ✓ (meaning "yes") or a */* (meaning "sometimes") are equally valid since a feature of dyslexia is that the effects can vary on a day to day basis.

10 or more ✓ or */* responses out of the 22 items are regarded as screening positive.

The learning needs of those who show up as 'positive' will need to be examined in greater detail, **via an assessment**.

A family of overlapping conditions

Dyslexia may overlap with Dyspraxia, Attention Deficit (Hyperactivity) Disorder, Dyscalculia and autism

My ref: ADULT DYS CHECKLIST-Jameson

SCREENING CHECKLIST for ADULTS with DYSLEXIA

Read through the list below carefully. Mark the response for each item as follows:
✓ = *yes* **S** = *sometimes* **x** = *no*

	✓	S	x
1. Do you ever muddle left and right?			
2. Do you sometimes read the time wrongly from a clock face?			
3. Is it hard to remember 2 or 3 instructions together?			
4. Do you trip over longer words?			
5. Do you sometimes confuse words when speaking?			
6. Is there any delay between hearing something and understanding it?			
7. Is it hard to follow the thread of a conversation or joke?			
8. Do you ever confuse number order e.g. when dialling telephone numbers?			
9. Do you mix up dates and times (and miss appointments)?			
10. Do you find it hard to organise yourself?			
11. Is it hard to work out money / sums in your head?			
12. Can you pick any month and state which months come before and after it?			
13. Do you have to think about getting letters the right way round e.g. b/d?			
14. Does your spelling get worse if someone is watching you?			
15. Do you have good ideas but find it difficult getting them down on paper?			
16. Do you only read when it is absolutely necessary?			
17. When reading, do you lose your place a lot ?			
18. When reading, does the print 'move' or the page become too bright?			
19. Did you have problems with spelling and reading at school?			
20. Do you easily get distracted and have difficulty concentrating?			
21. Do you have days when it is almost impossible to work things out?			
22. Do other members of your family have reading/spelling problems?			

Are you good at making things, mechanics, electronics, art, design, music?
Circle any of the above. Other skills?……..

This checklist was produced by Melanie Jameson